

San Juan Bautista

September 20, 2014

First race starts at 8:45, Music 7:00am-2:00pm

DOUBLE RACING[®] **FESTIVAL**

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"Running with a halftime"



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A Double Road Race Federation Event



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DOUBLE Racing®

**OFF TO THE RACES...
THE DOUBLE RACES, THAT IS!**

The dawn of a new era in Double Racing®
By David Prokop



Double Racing® as a sport initially featured a single event – the Double Road Race®, now also called the Double 15K, consisting of a 10K, followed by a 5K, with a recovery break in between.

Now, thanks to a new format unveiled by the Double Road Race Federation (DRRF), governing body of Double Racing®, competitors will never again be restricted to having only one event to choose from at a Double Racing® competition.

History was made on Saturday, Aug. 23 in San Jose, Calif., at the San Jose Double Racing® Festival as – for the first time ever! – all three events on the program were Doubles: a Double 15K, a Double 5K and the Bob Anderson Kids' Cup Double 1½ Mile.

So while it can be said that the sport of Double Racing® was born in Pleasanton, Calif., on Sunday, Dec. 23, 2012, with the staging of the first Double Road Race® in America, Double Racing® shed its transient identity to reveal its true identity Aug. 23 in San Jose as a full-blown sport incorporating a wide array of Doubles over a variety of distances and even a variety of terrains (*see below*). In short, it's a whole new dawn and a whole new deal, one that all runners, who vary in their fitness levels and distance preferences, will presumably welcome.

A total of almost 700 participants toed the starting line in the three races at San Jose on Aug. 23, and the competitors who shone the brightest on this historic day were Darius Terry, Tori Tyler, Christine Kennedy, Peter Magill, Pedro Montes, Liv Brashears, Omar Pina and Natalie Mazaud.

Incidentally, the three Doubles on the program in San Jose – as well as here in San Juan Bautista today – are only a small portion of the wide range of Doubles that Bob Anderson, creator of Double Racing®, and the Double Road Racing Federation (DRRF) have planned for the future. These include (from the shortest to the longest) the Kids' Double 1½ Mile, the Double 5K, the Double 10K, the Double 15K, the Double 21K (half-marathon distance) and even the Double 42K (marathon distance), all conducted on the basis of the Double Racing® format – first leg the longest, followed by a recovery break, then a concluding shorter leg, with the final finishing positions determined on the basis of combined or aggregate time. The San Jose Double Racing® Festival was the



official unveiling of this new format, thus its historical significance.

To further set itself off as the new sport of Double Racing®, the DRRF has also announced that in the future all events at Double Racing® competitions will be Doubles. Furthermore, many of these Doubles will be run over different types of terrain, not just on paved roads as has been the case previously.

Darius Terry, 23, of San Jose was the convincing winner of the Double 15K in San Jose with an aggregate time of 47:24 (31:57 10K/15:27 5K), while Tori Tyler, 27, of Danville, Calif., was the women's winner in 54:15 (36:22/17:56).

The extraordinary Masters runner Christine Kennedy, 59, of Los Gatos, Calif., won the Double Victory Cup for best age-graded performance as she posted a combined time of 1:01:02 (40:55/20:07) for a 96.48 score. It was the *eighth* time she had won the prestigious Double Victory Cup!

A highlight performance in the Double 15K in San Jose was the new men's 50-59 age-group world record of 51:35 (34:27/17:08) set by Peter Magill, 53, of South Pasadena, Calif. That's a pace of 5:31 per mile – at age 53!

In the Double 5K the men's winner was Pedro Montes, 30, of Santa Cruz, Calif., who posted an aggregate time of 18:25 for the 3K and 2K legs of the race, and the women's winner was Liv Brashears, only 15, of San Jose, who ran a combined time of 21:10.

Finally, 13-year-old Omar Pina of San Jose

was the boys' winner in the Bob Anderson Kids' Cup Double 1½ Mile with a combined time of 8:46 (he had also finished second earlier in the Double 5K with a time of 18:36), and the girls' winner was Natalie Mazaud, 12, of Carmel, Calif., who posted a combined time of 9:39 for the two legs of the race – a mile and a half-mile.

The team with the most finishers total, counting all three events, was Bertrand Newson's Taji 100 team from San Jose. The team had 49 finishers and took home the Most Fit Team Award.

In terms of number of participants, the San Jose competition was the third largest Double ever, ranking only behind the two Pleasanton Doubles held in late December of 2012 and 2013, and everyone seemed to have a wonderful time. Bob Anderson enthused afterwards, "Based on what I saw and heard (in San Jose), everybody absolutely loved the Double and they're looking forward to running them at different distances."

The San Jose Double Racing® Festival truly marked a big step forward for Double Racing®. From the time the Double Road Race® (the Double 15K) was first introduced in December of 2012, it had typically been promoted as an event with something for everyone. Now, with the introduction of all these new Doubles over such a variety of distances, Double Racing® truly becomes a sport with a *distance* for everyone!

A new dawn indeed!

Welcome to the San Juan Bautista Double Racing® Festival

The very name – San Juan Bautista – fairly reeks of early California history. Located about 45 miles south of San Jose, San Juan Bautista is home to the 15th mission the Spanish built along historic El Camino Real (which means “The Royal Road” in Spanish) in the mid to late 1700s. More than 1000 Olone and Yakut Indians lived in the area before the Spanish came north, so it was a natural site for a mission. The Doubles in San Juan Bautista will start and finish right in front of the Mission San Juan Bautista. And the Recovery Zone will be situated in the large grassy area in front of the historic mission where Spanish soldiers and Native Americans had camped in the 1800s. San Juan Bautista was also a settling ground in the mid-1800s to settlers moving west and miners attracted by the California Gold Rush. The garlic and artichoke mecca of the country, this area provides a grand tour into California's earliest historical beginnings, which means there is so much to experience in and around these Doubles, which surely ranks as one of the most unique runs in the country

Schedule of Events

September 20, 2014

7:00am-2:00pm

San Juan Bautista Double Racing® Festival

- 7:00-8:30am** Packet Pick Up
- 7:00-8:30am** Race Day Registration
- 8:45** Double Road Race® 10K leg
- 8:45** Ujena Double 5K 3K leg
- 10:05** Ujena Double 5K 2K leg
- 10:35** Double Road Race® 5K leg
- 11:15** Double Kids' Cup 1.5m 1-mile leg
- 11:30** Medal Pick-Up for Age Group Awards
- 11:45** Double Kids' Cup 1.5m 1/2-mile leg
- 12:30-1:00** Overall and Victory Cup Awards

Enjoy live music, food, and games for the kids.

Event Management & Support

Daniel Lowell, *Race Director*

On Your Mark Events, *Event Management/Timing*

Double Road Race Federation Staff

- Bob Anderson, Producer
- Catherine Cross, Financial Manager
- Waitman Gobble, Operations Manager
- Molly Pritz, Assistant Producer
- Megan Mozart, Marketing Manager
- Barry Anderson, Creative Director
- Justin Wall, Business Development Director
- Gary Greenberg, Entertainment Director
- David Prokop, Editorial Director
- Tom Arballo, Media Manager
- Michael Anderson, Media Director
- Rich Stiller, Race Support Director

Awards...Lots of awards!

The awards will be given out at 12:30* (You must be present to receive your performance medallions and trophies. Cash prizes will be mailed no later than 15 days after the race once results have been verified.)

Our sponsors have helped us to provide the following items to our participants:

- Thanks to Ujena Fit Club, every runner will receive a special Double Road Race® (DRR) logo cinch sack bag, branded Double Racing® shirt and a finishers medal.

DOUBLE Road Race® 15K Challenge:

- A custom DRR two-sided medallion for top five in each age group—14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and over.
- **The Double Victory Cup** will be awarded for the best age-graded performance.
- **Champion's Crystal** will be awarded for the best overall male and female performance.
- \$3000 in cash prizes, and a \$1000 bonus in the event of a world record (overall) are provided by the Double Road Race Federation. Actual cash prizes will be mailed not later than 15 days after the race once results have been verified.

DOUBLE Road Race® 15K Challenge Team Awards:

The winning teams in each of the five Team Divisions will receive \$50. A team is made up of three or more runners. Team divisions are:

- Men's Double Team
- Women's Double Team
- Men's Master Team (All members 40+)
- Women's Master Team (All members 40+)
- Mixed Double Team (Must include at least one male or female scored)

UJENA DOUBLE 5K Run/Walk Awards:

- All finishers will receive a custom medal.
- Overall male and female winners will receive a trophy
- The top three male and female runners overall will receive a cash award
- A total of \$350 in cash prizes will be awarded. Actual cash prizes will be mailed not later than 15 days after the race once results have been verified.
- Age group medals may be picked up at the awards table by the top three men and women in each of these groups—19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

Kids' Cup DOUBLE 1.5 Mile Awards:

- Each boy and girl who finishes will receive a medal.
- A custom medal will go to the winner (boys and girls) in the following age categories—4 and under, 5, 6, 7, 8, 9, 10, 11, 12, 13.
- A trophy will go to the first overall boy and first girl to finish.

Most Fit Team Award:

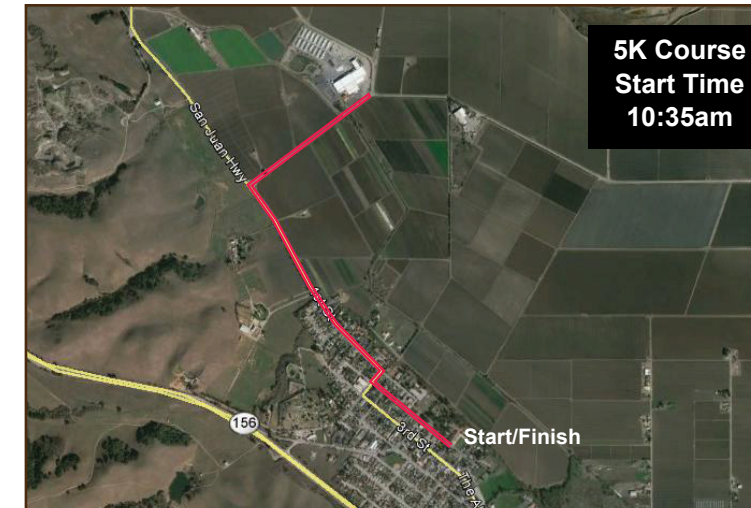
- The team with the most combined finishers in all three Doubles will win a special team plaque and a medal for each team member.

*Medal pick-up for Age Group Awards will begin at 11:30

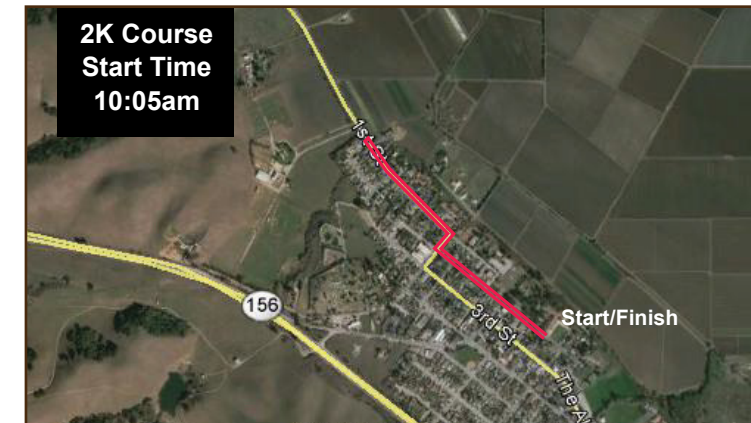
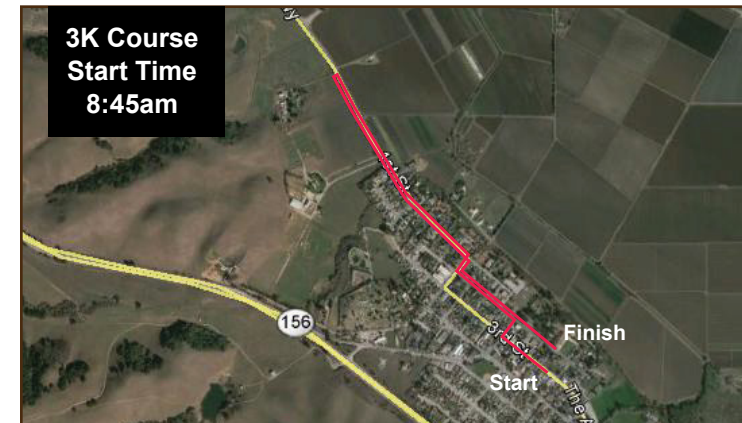
Double Course Maps San Juan Bautista, California.

The opening legs of both the San Juan Bautista Double 15K and Double 5K will start on the historic main street and finish in front of the Mission San Juan Bautista. All other courses will start and finish in front of the Mission. Medical facilities and the Recovery Zone are located in the Recovery Zone, situated in the large grassy area in front of the historic Mission.

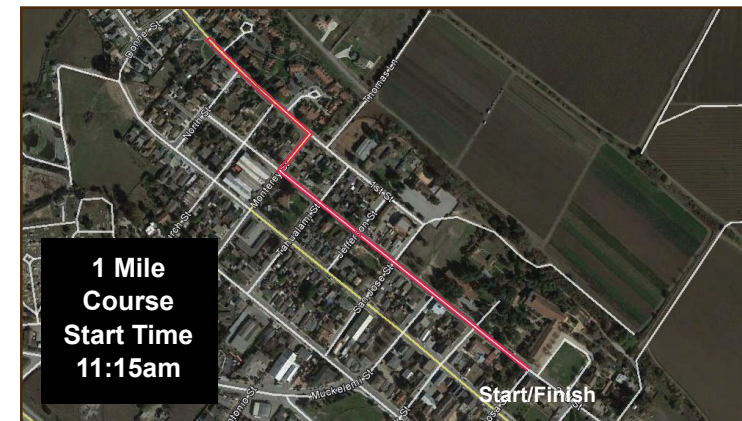
DOUBLE Road Race® 15K Challenge Courses



UJENA DOUBLE 5K Run/Walk Courses



Kids' Cup DOUBLE 1.5 Mile Run/Walk Courses



Scheduled Doubles, 2014

- | | | |
|---------------------------|---------------------------------|----------------------------------|
| • 2/22 San Jose, CA | • 6/29 Overland Park, KS | • 10/25 Cabo, Mexico (Double 8K) |
| • 5/11 Pacific Grove, CA | • 8/23 San Jose, CA | • 11/29 Athens, Greece |
| • 5/18 Ft. Lauderdale, FL | • 9/6 Thika, Kenya (Double 21K) | • 12/21 Pleasanton, CA |
| • 6/1 Indianapolis, IN | • 9/20 San Juan Bautista, CA | |

Double 15K 2014 Leader Board & Rankings

All rankings as of September 19, 2014.

Men's Leader Board						Women's Leader Board					
POS	Name	Age	Events	Dollars	Points	POS	Name	Age	Events	Dollars	Points
1	Alan Reynolds	50	4	\$294.98	164	1	Sharlet Gilbert	63	4	\$596.66	180
2	Bob Anderson	66	7	\$131.66	142	2	Christine Kennedy	59	3	\$1,436.65	153
3	Peter Mullin	63	3	\$836.66	142	3	Rosa Gutierrez	50	3	\$349.99	136
4	Julius Koskei	32	2	\$1,709.99	132	4	Tori Tyler	27	3	\$883.33	133
5	Brian Davis	58	4	\$164.98	128	5	Tania Morimoto	24	2	\$216.66	83
6	Jose Pina	44	3	\$249.98	126	6	Molly Pritz	26	1	\$800.00	78
7	Osamu Tada	34	3	\$413.32	115	7	Gina Tonegato	41	4	\$90.00	74
8	Darius Terry	23	2	\$500.00	96	8	Kat Powell	63	4	\$169.98	74
9	Steve Cryer	62	4	\$160.00	96	9	Carol Turner	69	4	\$75.00	69
10	Robert Verhees	48	2	\$210.00	89	10	Monica Jo Nicholson	32	2	\$260.00	69
11	Bill Jones	72	4	\$175.00	76	11	Amy Starr	44	3	\$129.98	61
12	Adam Roach	30	2	\$476.66	75	12	Jonya Meyer	41	2	\$176.66	59
13	Roberto Palos	50	2	\$80.00	75	13	Natasha Yaremczuk	34	1	\$360.00	54
14	Ernesto Aristeo	35	3	\$85.00	73	14	Liudmila Stepanova	30	1	\$376.66	53
15	Jose Maldonado	33	3	\$40.00	59	15	Marion Kandie	29	1	\$300.00	52
16	Greg Mandler	51	4		58	16	Alice Henley	25	1	\$200.00	49
17	Bobby McKee	64	2	\$110.00	57	17	Melody-Anne Schultz	72	1	\$100.00	49
18	Eliseo Hernandez	42	3	\$25.00	55	18	Cindy Cameron	49	1	\$160.00	49
19	Samuel Kosgei	30	1	\$360.00	54	19	Allison Maxson	28	1	\$200.00	47
20	Sean Curry	46	2	\$41.66	53	20	Jan Bengiveno	65	3		47

The Double 15K Leader Board is a system that records points of Double 15K participants based on performance and finish of Double 15Ks during the season. The 2014 Double 15K season started in Pleasanton, Calif., Dec. 22, 2013. After participants finish each Double 15K, they must go to www.UjenaFitClub.com to post their race result. The Ujena Fit Club is the verifying organization for the Leader Board of the Double Road Race Federation. At the end of the Double 15K season, the top 10 male and female runners on the Leader Board who have accumulated the most points will share the \$10,000 in prize money. Men and women will receive equal cash prizes, which will be presented at our annual awards ceremony at the third annual Pleasanton Double 15K, regarded as the first Double 15K of the 2015 season.

Double 15K Point System

Top Men's and Women's Times

15 points for 1st, 14 points for 2nd, 13 points for 3rd, 12 points for 4th, etc., down to 1 point for 15th place.

Age-Graded Performance

20 points for 1st, 19 points for 2nd, 18 points for 3rd, 17 points for 4th, etc., down to 1 point for 20th place.

Top Age-Group Times

10 points for first in your age group, 9 for second, 8 for third, etc., down to 1 point for 10th.

(Age groups are 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 plus; the age group that you fall in is based on your age on the date of the Double 15K.)

Performance Bonus Points

15 points for a world record (men or women), 10 points for a world best performance in these age groups: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 plus.

Do The Double 15K Finishers Points

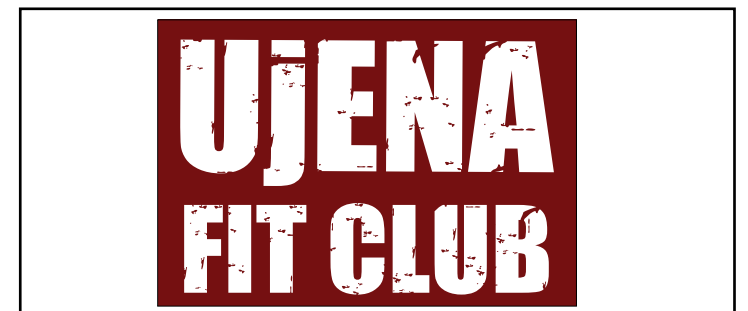
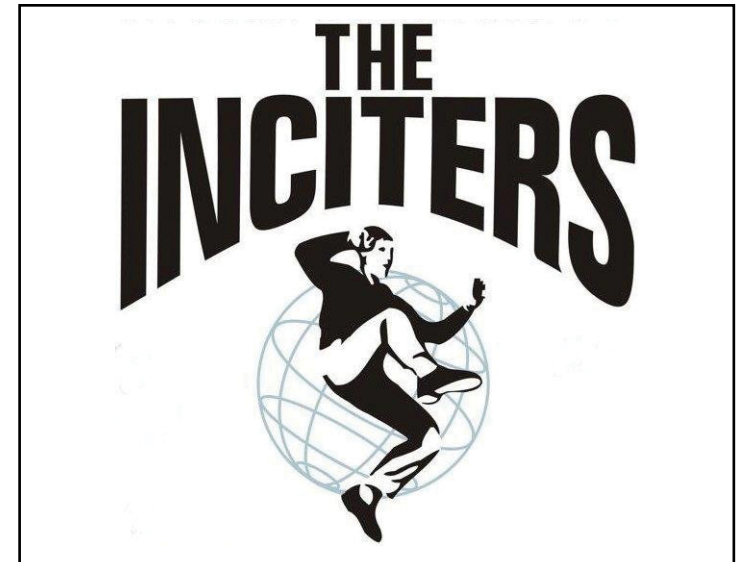
10 points for finishing each Double 15K. So if someone finishes 10 Double 15Ks in 2014, they will receive 100 points no matter what their final time. (Since some people use different names, it is important that you let us know if you compete in more than one Double 15K and don't see your name on our Leader Board. Every person who finished the 2013 Pleasanton Double 15K received 10 points.)

Cash Prizes Totaling \$10,000 for the Top 10 Double 15K Leader Board Winners

Men and women will receive the same cash prizes. The prizes will be presented in Pleasanton, Dec. 21, 2014. If the winner is not present at the awards ceremony or is not able to accept the prize money, it will be contributed to the next year's prize package. There will be a men's and women's Leader Board. A runner must be a current Ujena Fit Club member in order to receive a cash prize. All prize money for tied positions will be split evenly between runners.

First Place	\$1350	(men and women)	Total \$2700
Second Place	\$1000	(men and women)	Total \$2000
Third Place	\$750	(men and women)	Total \$1500
Fourth Place	\$500	(men and women)	Total \$1000
Fifth Place	\$400	(men and women)	Total \$800
Sixth Place	\$300	(men and women)	Total \$600
Seventh Place	\$250	(men and women)	Total \$500
Eighth Place	\$200	(men and women)	Total \$400
Ninth Place	\$150	(men and women)	Total \$300
Tenth Place	\$100	(men and women)	Total \$200

Again, each runner will receive 10 points for each Double 15K he or she finishes during the season.



PEACOCK ACRES



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Peacock Acres is a life-changing organization for foster children throughout California.

For over 30 years, Peacock Acres has been providing housing and support for children in foster care throughout California. We currently offer 5 dynamic programs that have touched the lives of over 700 children.

In 2013, Peacock Acres developed a new running and nutrition program that promotes self-confidence and relationship development in a dynamic and fun way. All proceeds from the San Juan Bautista Double Road Race will directly impact this program as it continues to develop.

Find out more at
www.peacockacres.org